

Dear Parents,

I am thrilled to embark on an exciting journey with our little learners as we dive into our upcoming Physical Movement unit. With the changing seasons upon us, it's the perfect time to explore the wonders of movement and physical activity in our everyday lives.

Physical movement is not just about exercise; it's about discovering the joy of being active and exploring our capabilities. In this unit, we aim to show children the importance of staying active and healthy while having fun and learning along the way.

Throughout this unit, our primary goal is to provide enriching experiences that promote physical development, cognitive growth, and emotional well-being. By engaging in a variety of activities, our little learners will develop their gross and fine motor skills, enhance their coordination and balance, and foster a positive attitude towards an active lifestyle.

We have carefully planned a range of activities and experiments to ensure a well-rounded learning experience. From exploring local waterways to participating in swimming activities, from creating nature-inspired collages to experimenting with sink or float concepts, there will be something for every child to enjoy and learn from.

Sensory experiences play a crucial role in learning, and we will encourage children to engage with their senses as they explore the world around them. Whether it's feeling the texture of different materials, smelling the scents of nature, or observing the sights and sounds of our surroundings, sensory exploration will be integrated into every aspect of our activities.

To keep our little learners actively involved and excited about learning, we have designed various engagement strategies. From reading engaging literature to participating in cooking activities, from playing interactive games to conducting scientific investigations, there will be plenty of opportunities for hands-on learning and fun.

We anticipate that our little learners will develop a deeper appreciation for the importance of physical movement in their lives. We hope to instill in them a love for being active and a curiosity to explore the world around them.

We look forward to witnessing the growth and development of our little learners throughout this unit and are excited to see the sparks of curiosity and appreciation that will undoubtedly emerge.

Warm regards,

Shandeen Belanger